

# STAYING CONNECTED WITH KEY RESOURCES

*Keep this card handy for easy reference.*

Dear Friend,

It is an honor to serve Maryland's Third Congressional District in Congress and bring your voice to Washington. From my first day in office, **efficient constituent service has always been my number one priority**. Now, as families face rising costs, this assistance has never been more important.

As I fight for policies to **lower costs for Marylanders, boost the economy** and **create good-paying jobs**, my office stands ready to help you navigate federal agencies, access important benefits or get your questions answered. Keep this card handy for easy reference. If you need assistance, please write, call or e-mail me.


Sincerely,




**Congressman John Sarbanes**  
3rd District, Maryland



**SARBANES.HOUSE.GOV**

 facebook.com/RepSarbanes

 @RepSarbanes

 sarbanes.house.gov/signup

**Washington, D.C. Office**

(202) 225-4016

**Maryland Office**

(410) 832-8890



# CONSTITUENT SERVICES

My office is happy to help you access important information and resolve issues involving federal agencies.



## SOCIAL SECURITY

Social Security is a sacred promise to our seniors and individuals with disabilities. My office can help you:

- File an application for benefits or check on the status of a pending application;
- Correct mistakes or clarify a decision about your disability or retirement pay; and
- Relay evidence of a financial or health-related hardship that may warrant expedited processing of your application.

## INTERNAL REVENUE SERVICE

If you need help navigating the IRS amid backlogs, we can help you:

- Connect with your local Taxpayer Advocate to clarify outstanding tax issues;
- Address amended returns, debts, filing errors or estate issues; and
- Find free or low-cost tax assistance services.

## MEDICARE

Medicare provides high-quality and affordable health care for seniors. We can help you:

- Find information about eligibility, enrollment options and premiums as well as coverage for services, operations and prescriptions; and
- Address billing questions and late enrollment penalties.

## ACTIVE-DUTY MILITARY AND VETERANS

Our servicemembers and veterans deserve the best care and benefits. My office can help you:

- Clarify the status of a disability claim, appeal or pension application for veterans;
- Resolve concerns with VA medical centers or raise issues with headquarters on behalf of active-duty servicemembers; and
- Address issues regarding retirement pay, survivor's benefits or debt for military retirees and their spouses.